



# Teodora Mendes

Piano Accompanist

Born in Lisbon, Teodora graduated from the National Music Conservatoire of Lisbon, and later went on to graduate from the University of Aveiro (Degree in Music Education and Teaching - Piano), the University Nova of Lisbon (Degree and Masters in Musical Sciences - Ethnomusicology), the Catholic University of Porto (Masters in Music Education and Teaching - Piano), and at the University of Lisbon (Doctorate in Artistic Education).

She began her piano studies with Isabel Folque and continued her training with Maria José Morais, Leonor Cadete, António Rosa, Anne Kaasa, Vitaly Dotsenko, Valery Staroudubrovsky, Edson Elias, Helena Sá e Costa (piano), João de Lemos, Eurico Carrapatoso (composition), and performed in both solo recitals, and chamber music ensembles.

During her years of study at the National Music Conservatoire of Lisbon, Teodora was awarded the Fernando Lopes-Graça Scholarship. She later received a scholarship from the Foundation for

Science and Technology, in the 'Marcos Portugal' Research Project (CESEM- Centre for the Study of the Sociology and Aesthetics of Music at the University Nova of Lisbon). She has given presentations at conferences and researched music from Cape Verde, alongside music and gender in transformism. She also participated in the organization of international colloquiums on Composition and Sociology of Music.

She began her teaching career in Music Education teaching Piano, Music Education, and Chamber Music in Portuguese Academies and Conservatoires (Arouca, Aveiro, Guarda, Lisbon, S. João da Madeira, and Tomar), alongside accompanying dance classes at the Aveiro School of Dance, while at the same time, dedicating herself to other activities such as writing courses for film, TV, theatre, and animated film.

Since 2012, she has been an accompanying pianist for classical ballet and repertoire classes at the National Dance Conservatoire of Lisbon.