



Claire Feist

EDCN's Teacher

Classical Dance Technique Teacher – Elementary Level

Claire Feist is a dance pedagogue with solid international training and extensive teaching experience, specializing in building clear and rigorous technical foundations during the early stages of classical ballet education.

She began her studies at the prestigious Elmhurst Ballet School, associated with the Birmingham Royal Ballet, where she worked with renowned teachers such as Merce Hetherington, Merle Park, and Gary Sherwood. She later continued her training at the National Conservatory of Dance School, completing the 11th and 12th years under the guidance of Ulrike Caldas, Georges Garcia, Lúsa Taveira, and Jorge Salavisa.

As a dancer, she performed in major classical repertoire productions including Coppélia, Swan Lake, Giselle, La Fille mal gardée, and Baile dos Cadetes, and collaborated with distinguished choreographers such as Benvindo Fonseca, Olga Roriz, João Fiadeiro, and Paulo Ribeiro.

Since 2008, she has pursued an intensive teaching career

in Classical Ballet Technique. She is a Registered Teacher of the Royal Academy of Dance, holds the Certificate of Dance Education, the Vaganova Method Teacher Training Certificate (Years 1 to 4), and the Bolshoi Ballet Academy Teacher Training Seminar Certificate in the Vaganova method with Professor Ekaterina Trunina.

Throughout her career she has taught at institutions including the National Conservatory of Dance School, Dance Spot Conservatory of Dance, and Quorum Dance Academy. Her work at the elementary level is based on structured, progressive teaching that encourages enjoyment of the discipline, body awareness, and the assimilation of technical principles that support long-term development.

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