



Vera Alves

Guest Teacher

Choreographers School – Elementary Level

Vera Alves is an artist with a diverse and deeply creative background, combining professional experience in leading dance companies with a strong pedagogical vocation focused on developing imagination, expression, and confidence through movement.

She completed her training at the National Conservatory of Dance School in Lisbon, where she finished the full Dance Course between 1995 and 2003. Her career as a performer led her to be part of the Portuguese National Ballet at different stages, as well as international companies such as Aterballetto (Italy), under the artistic direction of Mauro Bigonzetti, and Compagnie Linga (Switzerland), directed by Katarzyna Gdaniec and Marco Cantalupo. Throughout her career, she also participated in galas, independent productions, and a variety of artistic projects, both as a performer and as a choreographer.

In the pedagogical field, Vera Alves has developed particularly strong work in creative and educational contexts. Between 2015 and 2020 she was the founder and teacher of Alma Studio – Dance Studio, where she taught dance and artistic expression classes and fully directed musical theatre projects such as Mary Poppins, Peter Pan, and Alice in Wonderland,

taking responsibility for the direction, production, and choreography of the performances. This experience consolidated an approach centred on the creative process, group work, and the natural integration of movement, narrative, and imagination.

She currently develops a distinctive activity as a facilitator of experiential processes with horses, integrating her background in dance, body awareness, and non-verbal language. She collaborates in training contexts, workshops, and group dynamics, creating experiences that connect body, presence, movement, and relationship. She is the founder of the project Alma Gitana – Healing & Learning with Horses and holds specific training in Equine-Assisted Interventions and Equine Assisted Learning.

Within the intensive programme, Vera Alves is responsible for the Choreographers School at the elementary level, a space conceived as a playful and guided introduction to the creative process. Through play, exploration, and collective work, students discover how a choreography is built, how to relate to music, space, and peers, and how to express ideas and emotions through movement.

SPRING
DANCE
INTENSIVE
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Escola Artística de Dança
do Conservatório Nacional